

NurtureGroup

Free Play & Support Group

We offer a safe and secure environment for children from birth to starting school, who have been impacted by a premature or sick birth with time in a neonatal unit, prenatal anomaly, injury or condition in the first 5 years of life resulting in ongoing medical challenges.

NurtureGroups are designed so children can learn and develop through play, whilst offering families ongoing peer support with a strict Wellness Policy in a safe and inclusive environment.

Parents and carers can exchange ideas on parenting, tackle medical issues, share stories, build support networks, form friendships and ease the isolation that can often be felt by families.

Please register online

ACT - Canberra 2025

Thursday Fortnightly, 10:00am - 12:00pm
Winanggaay Function Room
Denman Prospect Community Centre
5 Felstead Vista, Denman Prospect ACT



May 15, 29
June 12, 26,
July 10, 24

August 7, 21
September 4, 18
October 2, 16, 30

November 13, 27
December 11

NurtureGroup has a strict wellness policy for all attendees.



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